

# 鳳梨釋迦 保鮮與食用

## 挑選優良果實



外觀圓整、沒有擦傷、無病斑的果實。

## 正確儲放方式



果實儲放在 $10^{\circ}\text{C}$ 以上環境才可自然軟熟。

## 錯誤儲放方式



儲放或陳列時不可密封包裝，以免無法正常軟熟，甚至產生異味。

## 食用方式



### 1. 軟熟



輕壓果實前 $1/3$ 處，微軟即可食用。

### 2. 切片或切丁方式



# Tips on Keeping and Eating Atemoyas

## Good-Quality Fruit



Choose fruits that are round and have no abrasions or lesions.

## Keeping fresh



When placed at a temperature of greater than 10°C, atermoyas ripen naturally.



Do not store atermoyas in enclosed plastic bags or plastic wrap. This will keep the fruit from ripening normally and could produce a foul odor.

## Ready to Eat



## Cutting Atermoyas



Lightly press on an area about 1/3 of the way down from the pointy tip. If it is slightly soft, it is ready to eat.

